

Simple Face Mask Instructions

adapted from MO Star Quilt

https://www.youtube.com/watch?time_continue=22&v=X_-R8Ox3Spw&feature=emb_logo

Materials for an adult mask:

2—pieces cotton material cut to **6" x 9"** (two different colors or patterns)

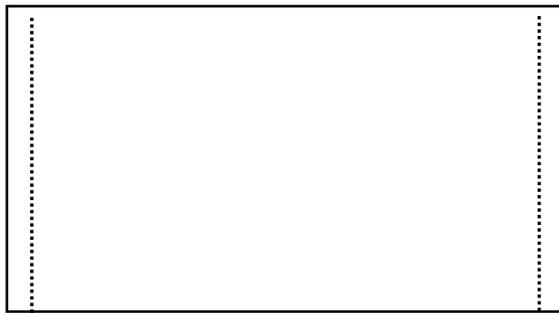
2—40" contrasting material cut **40" by 2 1/2"** for straps

Child size mask (Thanks to Peggy DeJarnatt)

2—pieces of material cut **7 1/2' by 5 1/2"** (two different colors or patterns)

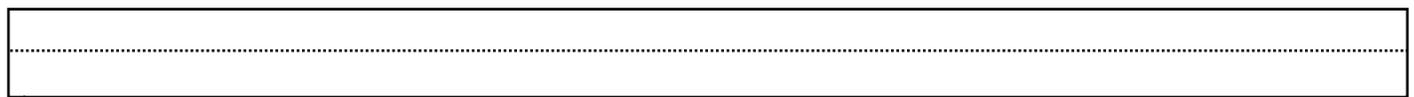
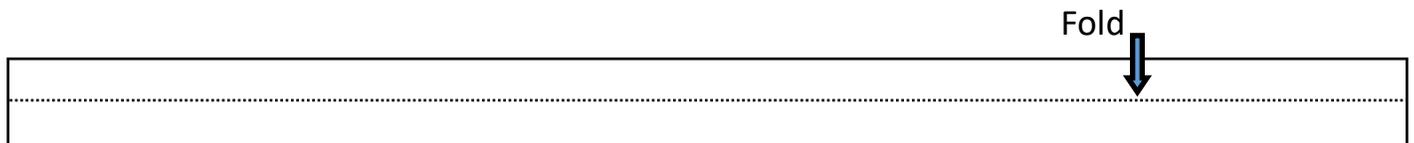
2— **30" by 2 1/2"** strips.

Sew the two pieces of 6" x 9" material with (RST) Right Sides Together down the short sides using a 1/4" inch seam.



Turn and press.

Take the 2 strips and press in half. Then open and press the end in 1/4" and press.



Fold end in
1/4" here and
press.

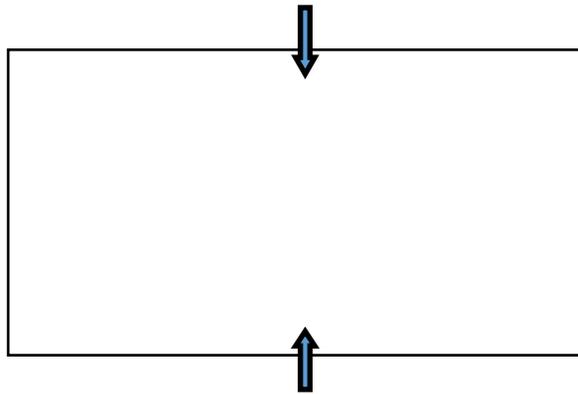
Fold end in
1/4" here
and press.



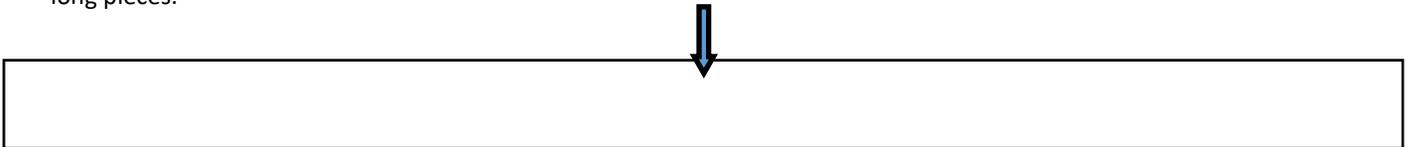
Fold each long side to the middle fold and press. Do both sides. Light green is new fold lines.

Fold both sides together to form your strip binding 3/4" wide. Press.

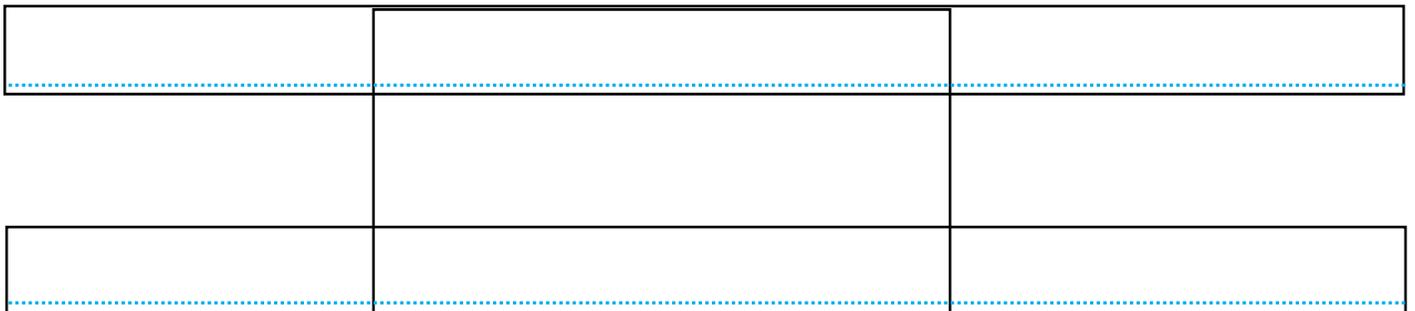
Find center of each long side and pin.



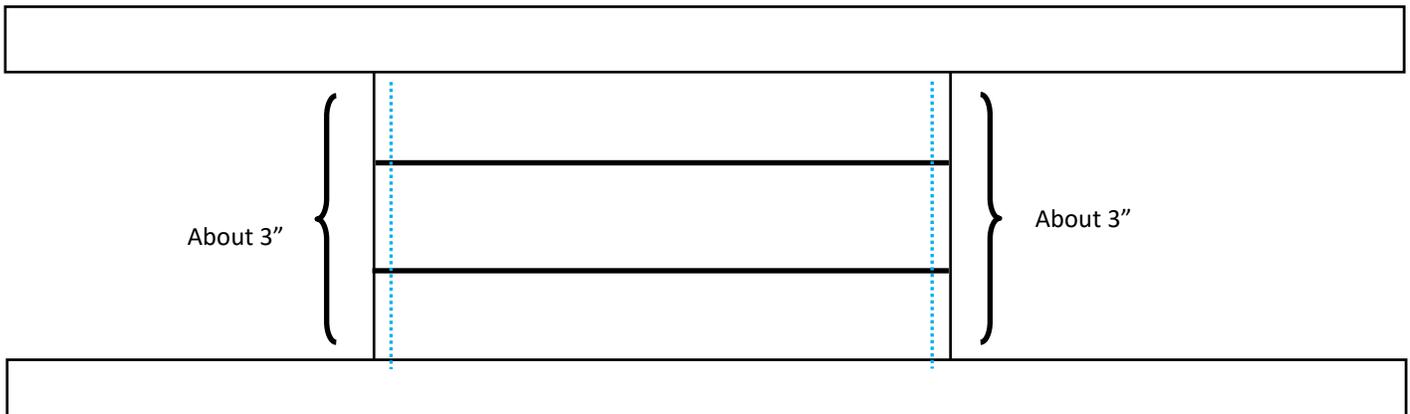
Do the same for the long pieces.



Matching centers together place the face mask into the open side of the binding on both sides. Pin. Stich on the edge on both sides of Mask (blue dotted line).



Make two small pleats in mask. Pin down. Now sew 1/4" along the sides of the mask (blue dotted line).



- ◇ You can sew in a Twist-tie from large garbage bags in the top of the strip to be able to bend it to your nose. Be sure to sew across strip to keep in place. Per Joyce Kidwell.
- ◇ You can also put in a light weight piece of interfacing to give an additional layer of protection.
- ◇ The different color pieces is to know which one touches your face.

PLEASE NOTE:

This mask is just another form of protection. It does NOT keep you from getting the COVID-19 virus.

You need to wash frequently. Ideally would be after each use.